

MICHIGAN DEPARTMENT OF CORRECTIONS <b>POLICY DIRECTIVE</b> SUBJECT THERAPEUTIC DIET SERVICES	EFFECTIVE DATE 08/15/1994	NUMBER 04.07.101
	SUPERSEDES PD-DWA-50.01 (3/4/91)	
	AUTHORITY MCL 791.203	
	ACA STANDARDS 3-4298; 3-4299	
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## POLICY STATEMENT:

The nutritional needs of those prisoners whose health condition necessitates alteration from the regular institutional diet shall be met.

## POLICY:

### GENERAL PROVISIONS

- A. To comply with existing standards of health care, all therapeutic diets shall be ordered in accordance with the procedures outlined in the Bureau of Health Care Services (BHCS) Diet Manual. Physicians, physician's assistants and dentists shall order therapeutic diets based on the prisoner's health needs in accordance with the Diet Manual. All therapeutic diets will be served as prescribed by a physician, physician's assistant or dentist in the prisoner's health record.
- B. Therapeutic diets shall be provided for prisoners in one of two ways:
  1. General Population Serving Line: Prisoners on therapeutic diets as identified in the diet manual and in the onsite health care grid are allowed to make food selections from the general population serving line when authorized by medical staff. Prisoners must first receive diet counseling by BHCS dietitians and demonstrate competency in making appropriate selections from regular menus. Prisoners on selected therapeutic diets who are confined to their cell/bay shall receive trays prepared from the general population serving line using standardized therapeutic diet menus. Meals for prisoners on these selected diets are available at all Correctional Facilities Administration (CFA) institutions except the Camp Program.
  2. Therapeutic Diet Serving Line or Diet Trays. Prisoners whose diet modifications cannot be adequately accommodated from the regular menu must be served meals from individualized diet menus written by BHCS dietitians. Therapeutic diet serving lines and diet trays are available at facilities where BHCS dietitians are assigned which shall be indicated on the onsite health care grid.
- C. Prisoners assigned to the therapeutic diet line must eat from the therapeutic diet line unless otherwise authorized by the designated medical authority as outlined in the facility operating procedure, e.g., when a therapeutic diet is missed through no fault of the prisoner.
- D. Therapeutic diet prescriptions shall be furnished to the Foodservice Director in writing and shall be specific, complete, and reviewed and renewed at least every ninety (90) days.

### NUTRITIONAL SERVICES

- E. Nutritional services shall be the responsibility of registered dietitians provided by the Bureau of Health Care Services. These services shall include, at a minimum:
  1. Conduct nutritional screening and assessment, consultation, and education, as needed and upon referral from appropriate medical staff.
  2. Review diet orders for appropriateness.
  3. Develop and modify standardized therapeutic diet menus.

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4. Review and approve menu substitutions to the standardized therapeutic diet menus.
5. Conduct nutritional screening of all prisoners in a licensed departmental inpatient unit as outlined by JCAHO.
6. Conduct audits of therapeutic diet lines and trays.
7. Provide technical assistance to foodservice departments.
8. Develop and implement training programs.
9. Consult with physicians, institutional administrators, foodservice and other health care staff on nutrition related issues.
10. Document nutritional intervention and prisoner contacts in prisoners' health records.

#### THERAPEUTIC MEAL PREPARATION AND SERVICE

- F. Therapeutic diet preparation, menu heading and reproduction, and the service of meals are the responsibility of the Foodservice Department within each institution which provides therapeutic diets. At Duane Waters Hospital, menu heading and reproduction, final tray preparation and tray delivery are the responsibility of the Bureau of Health Care Services.
- G. All therapeutic diets shall be prepared and served according to the therapeutic diet menus. The menus shall conform as closely as possible to food served other prisoners except for institutional choice and holiday meals.
- H. Between meal nourishments shall be provided to prisoners whose therapeutic diets require it.
- I. All therapeutic diets, unless otherwise indicated in the Diet Manual, will be nutritionally adequate. Adequacy will be based on the standards outlined in Policy Directive 04.07.100, "Standards for Meals." When food loaves or finger foods are ordered for a prisoner on a therapeutic diet, foods served to those prisoners must meet requirements for their prescribed therapeutic diets. Menus for these diets must be written or approved by a BHCS dietitian.
- J. Therapeutic diets shall be provided to prisoners only as a complete meal service and not as a supplement to regular institutional meals, except as provided in the diet manual.

#### OPERATING PROCEDURES

- K. Wardens in consultation with local Health Care Authority shall ensure that within 60 days of its effective date, procedures implementing this policy directive are developed and forwarded to the appropriate Regional Prison Administrator, CFA, for approval.

#### AUDIT ELEMENTS

- L. A Primary Audit Elements List has been developed to ensure compliance with this policy by providing staff with a tool for self auditing. The List shall be used by wardens and the Bureau of Health Care Services Administrator for auditing purposes on an annual basis unless more frequently required by the Director or Deputy Director and the documentation shall be retained on-site and made available to the Internal Auditor when requested.

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